A screenshot of a cell phone

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Restaurants

These are some restaurants you might want to check out. There are also many other restaurants right in Waikiki that are good. Our favorite is Duke’s.

* Duke’s – casual, on ocean - [http://www.dukeswaikiki.com](http://www.dukeswaikiki.com/)
* Town – Kaimuki area – fusion food - [http://www.townkaimuki.com](http://www.townkaimuki.com/)
* MW (fancy) - [http://mwrestaurant.com](http://mwrestaurant.com/)
* Side Street – local, family style – two locations but original one in Ala Moana area is very entertaining/interesting - [http://sidestreetinn.com](http://sidestreetinn.com/)
* Assaggio – good, casual, Italian - [http://www.assaggiohawaii.com](http://www.assaggiohawaii.com/)
* Liliha Bakery – bakery plus more local foods- <http://lilihabakeryhawaii.com/about_us>
* Little Village Noodle House – Chinatown - [http://www.littlevillagehawaii.com](http://www.littlevillagehawaii.com/)
* 12th Avenue Grill - [http://12thavegrill.com](http://12thavegrill.com/)
* Leonard’s Bakery – famous for Malasadas – a must visit for malasadas (Portuguese donuts) <http://www.leonardshawaii.com/home/>
* Rainbow Drive Inn – local plates, casual, etc. - <http://rainbowdrivein.com/about/>
* Diamond Head Grill & Market – grocery, bakery, and local lunches/dinners, etc. [http://www.diamondheadmarket.com](http://www.diamondheadmarket.com/)
* Shrimp Truck – various locations - <https://www.yelp.com/biz/blue-water-shrimp-andseafood-honolulu-8>
* Keneke’s – Waimanalo & North Shore – Local plates – [http://kenekes.net](http://kenekes.net/)

Food Markets, Cafes & More

* Mitsuwa – Japanese Marketplace & Grocery – located near by in the International Marketplace - https://www.yelp.com/biz/mitsuwa-marketplace-honolulu also [http://www.mitsuwa.com](http://www.mitsuwa.com/).
* Down to Earth Grocery/Market – Grocery and fresh prepared food bar - <https://www.downtoearth.org/our-stores/store-locations/honolulu-oahu>
* Kokua Market – Grocery Co-op – 2543 South King Street - [https://www.kokuamarket.com](https://www.kokuamarket.com/)
* Whole Foods Market – Grocery and fresh prepared food bar - <http://www.wholefoodsmarket.com/stores/honolulu>
* Ruffage Natural Foods – Waikiki – 2443 Kuhio Avenue
* Island Vintage Coffee – Royal Hawaiian Shopping Center at Seaside Avenue – interesting, funfoods (e.g. peanut butter on walnut cranberry bread with fresh mango), Acai bowls, etc.
* Heavenly Island Lifestyle - next door to Marine Surf Waikiki - [http://www.heavenlywaikiki.com](http://www.heavenlywaikiki.com/)(gets great reviews from locals and visitors)
* Leahi Health – plant based foods & drinks, kombucha – 3 locations -<http://www.leahihealth.com/about/>

**Farmers’ Markets:**

* Farmers’ market at the Hyatt is very close. Another favorite is KCC Market on Saturday mornings. It is across the street from Diamond Head Crater
* <http://www.honoluluhi5.com/blog/farmers-market-guide/>
* <http://hfbf.org/market/>

Hikes, Runs, Yoga

* <http://www.best-of-oahu.com/Oahu-Hiking-Trails.html>
* <http://www.honolulumagazine.com/Honolulu-Magazine/September-2013/20-Great-Oahu-Hikes/?cparticle=2>
* Diamond Head Crater – easy; Koko Head Stairs, Manoa Falls, Pillbox, Kuli’ou’ou Ridge Trail,
* Makapu’u Ridge Trail – more challenging (see link above for more details)
* Waikiki popular running routes - Diamond Head Loop, Ala Moana Park, Ala Wai Canal, Kapiolani Park
* Outside Waikiki – Tantalus, Lanikai, Kalanianaole Highway (see link below)
* <https://medium.com/great-runs/great-runs-in-honolulu-4087515ef30d>
* Trail Runs: <https://www.trailrunproject.com/directory/8008017/oahu>
* For running tours contact: [http://www.hawaiirunninglab.com](http://www.hawaiirunninglab.com/)
* Yogaloha – [http://www.yogaloha-hawaii.com](http://www.yogaloha-hawaii.com/)
* Ohana Space Hawaii Yoga - [https://www.ohanaspacehawaii.com](https://www.ohanaspacehawaii.com/)
* Waikiki Yoga - [http://waikikiyoga.shiatsumassagecenter.com](http://waikikiyoga.shiatsumassagecenter.com/)
* Akashayoga Hawaii - [https://www.akashayogahi.com](https://www.akashayogahi.com/)
* Open Space Yoga - [http://yogaopenspace.com](http://yogaopenspace.com/)
* Purple Yoga - <http://www.purpleyoga.com/index.html>
* Beach Sunset Yoga Hawaii - <http://www.sunsetyogahawaii.com/index.html>

**Massage Therapy:**

* Pono Lomi LLC – Anetka - 808-724-8650 ▪ Email: ponolomi.llc@gmail.com ▪ Web: [http://ponolomillc.com](http://ponolomillc.com/).

Medical Resources

* Straub Doctors on Call - at Sheraton Waikiki Hotel - they will pick up if you need assistance - <http://docs-waikiki.us/>
* Longs Drugs - Open 24 hours - 2155 Kalakaua Avenue - <https://www.cvs.com/store-locator/cvs-pharmacy-address/2155+Kalakaua+Avenue-Honolulu-HI-96815/storeid=10621?WT.mc_id=LS_GOOGLE_FS_10621>